

Headword	Part of speech	Guideword	Definition
add to sth	pv	PUT WITH	to put something with something else
bargain	n	PRICE	something that is sold for less than its usual price or its real value
bracelet	n		a piece of jewellery that you wear around your wrist
casual	adj	CLOTHING	Casual clothing is comfortable and not suitable for formal occasions.
comparison	n	EXAMINING DIFFERENCES	when two or more people or things are compared
cut down sth or cut sth down	pv	REDUCE	to eat or drink less of something, or to reduce the amount or number of something
distinguish	v	SHOW DIFFERENCES	to make one person or thing seem different from another
dominate	v	BE IMPORTANT	to be the largest, most important, or most noticeable part of something
dress up	pv	FORMAL	to put on formal clothes for a special occasion
fit in with	pv		If one thing fits in with another thing, they look pleasant together or are suitable for each other.
genuine	adj	REAL	If something is genuine, it is really what it seems to be.
go ahead	pv	PERMISSION	something that you say to someone to give them permission to do something
go back	pv		to return to a place where you were or where you have been before
go for sth	pv	CHOOSE	to choose something
go on	pv	HAPPEN	to happen
go out	pv	LEAVE	to leave a room or building, especially in order to do something for entertainment
go over sth	pv		to talk or think about something in order to explain it or make certain that it is correct
go up	pv	INCREASE	to become higher in level
hood	n	HEAD	a part of a coat or jacket that covers your head and neck
helmet	n	HEAD	a hard hat that protects your head
image	n	IDEA	a picture in your mind or an idea of how someone or something is
keep up (with sb/sth)	pv	UNDERSTAND	to be able to understand or deal with something that is happening or changing very fast
label	n	COMPANY	a company which produces goods for sale, the goods themselves, or the company's name or symbol
matter	n	SUBJECT	a subject or situation that you need to think about, discuss, or deal with
outfit	n	CLOTHES	a set of clothes for a particular event or activity

outrageous	adj		shocking or extreme
pull on sth or pull sth on	pv	CLOTHES	to put on clothes quickly
put together sth or put sth together	pv	JOIN PARTS	to create something by joining or combining different things
represent	v	DESCRIBE	to show or describe something or someone
save up (sth) or save (sth) up	pv	MONEY	to keep money so that you can buy something with it in the future
slightly	adv		a little
slip on sth or slip sth on	pv		to quickly put on a piece of clothing
smart	adj	STYLISH	having a clean, tidy and stylish appearance
stall	n	SHOP	a small shop with an open front or a table from which goods are sold
stand out	pv	NOTICE	to be very easy to see or notice
stuff	n	SUBSTANCE	(informal) used to refer to a substance or a group of things or ideas, etc. without saying exactly what they are
stunning	adj		very beautiful
stylish	adj		fashionable and attractive
sweatshirt	n		a piece of clothing made of soft cotton which covers the top of your body and is pulled on over your head
take back sth or take sth back	pv	THING	to return something to the place you borrowed or bought it from
take off sth or take sth off	pv	REMOVE	to remove something
accessible	adj		easy to understand
action	n	ACTIVITY	things which are happening, especially exciting or important things
appliance	n		a device, machine or piece of equipment, especially an electrical one that is used in the house, such as a cooker or washing machine
application/app	n	COMPUTER PROGRAM	a computer program designed for a particular purpose (informal)
complex	adj		difficult to understand or find an answer to because of having many different parts
control	n	POWER	the power to make a person, organization, or object do what you want
demanding	adj		needing a lot of your time, attention, or effort
disappointed	adj		unhappy because someone or something was not as good as you hoped or expected, or because something did not happen

facility	n	PART	a part of a system or machine which makes it possible to do something
favourable	adj	JUDGMENT	showing that you like or approve of someone or something, or making you like or approve of them
feature	n	PART	a typical quality, or important part of something
find out (sth) or find (sth) out	pv		to get information about something, or to learn a fact for the first time
fortune	n	MONEY	a lot of money
get through sth	pv	FINISH	to use up or finish something
goal	n	AIM	something you want to do successfully in the future
Google™	v		to search for something on the Internet using the Google search engine (= computer program that finds information)
graphics	n		images shown on a computer screen
hopeless	adj	NOT ABLE	very bad at a particular activity
impressive	adj		Someone or something that is impressive makes you admire and respect them.
intelligence	n	ABILITY	the ability to learn, understand, and think about things
meaningful	adj	USEFUL	useful, serious, or important
messy	adj	UNTIDY	untidy or dirty
muddy	adj		covered by or containing mud (=mixture of soil and water)
opponent	n	COMPETE	someone who you compete against in a game or competition
pace	n	SPEED	the speed at which someone or something moves or does something
popularity	n		the quality of being liked by many people
reach a conclusion	v		to make a decision/agreement, etc. about something
review	n	REPORT	a report in a newspaper, magazine, or programme that gives an opinion about a new book, film, etc.
solve	v		to find the answer to something
sophisticated	adj	SYSTEM	A sophisticated machine or system is very advanced and works in a clever way.
soundtrack	n		the music used in a film
submit	v	DOCUMENT	to send a document, plan, etc. to someone so that they can consider it
tricky	adj		difficult to deal with or do
turn on sth or turn sth on	pv		to move the switch on a machine, light, etc so that it starts working, or to start the supply of water, electricity, etc.
unhelpful	adj	NOT IMPROVE	not improving a situation
version	n	FORM	one form of something that is slightly different to other forms of the same thing

violent	adj	ACTION	involving violence
virtual	adj	COMPUTER	using computer images and sounds that make you think an imagined situation is real
yawn	v		to take a deep breath with your mouth wide open, because you are tired or bored
airline	n		a company that provides regular flights to places
approach	n		when something or someone gets nearer in distance or time
approach	v	COME CLOSE	to come close in distance or time
backpacker	n		a person who travels with a backpack
book (sb) into	pv		to arrange for someone to stay at a hotel
cabin	n	SHIP	a small room to sleep in on a ship
campsite	n		an area where people can stay in tents for a holiday
check in	pv	HOTEL	to go to the desk at a hotel in order to say that you have arrived, and to get the key to your room
check out	pv		to leave a hotel after paying your bill
cliff	n		an area of high, steep rocks beside the sea
coast	n		the land beside the sea
crew	n	SHIP/AIRCRAFT	the people who work together on a ship, aircraft, or train
destination	n		the place where someone or something is going
disturb	v	CHANGE	to change something by touching it or moving it from its original position
domestic	adj	COUNTRY	inside one country and not international
evidence	n	FACTS	something that makes you believe that something is true or exists
expedition	n		an organized journey, especially a long one for a particular purpose
ferry	n		a boat that regularly carries passengers and vehicles across an area of water
fill in sth or fill sth in	pv		to write the necessary information on an official document
forbid	v		to order someone not to do something, or to say that something must not happen
friendship	n		when two people are friends
get away	pv	HOLIDAY	to go somewhere to have a holiday, especially because you need to rest
get in	pv	VEHICLE ARRIVING	If a train or other vehicle gets in at a particular time, that is when it arrives.
get rid of sth	p		to remove or throw away something unwanted
ground	n		the surface of the Earth
harbour	n		an area of water near the coast where ships are kept and are safe from the sea
land	v	ARRIVE	If an aircraft lands, it arrives on the ground after a journey, and if you land it, you make it arrive on the ground.
landing	n	ARRIVAL	an arrival on the ground, usually of an aircraft or boat

set off	pv		to start a journey
stop over	pv		to stay at a place for one night or a few nights on the way to somewhere else or before returning home
take off	pv	AIRCRAFT	If an aircraft takes off, it begins to fly.
terminal	n	TRANSPORT	a building where you can get onto an aircraft, bus, or ship
travel agent	n		someone whose job is making travel arrangements for people
wildlife	n		animals, birds, and plants living in their natural environment
yacht	n		a large boat with sails used for pleasure or in races
absence	n	NOT THERE	a time when you are not in a particular place
bad-tempered	adj		a bad-tempered person gets angry or annoyed easily
breed	v		to keep animals for the purpose of producing young animals in a controlled way
breeze	n		a gentle wind
conservation	n	PROTECTION	the protection of nature
conserve	v	NOT HARM	to prevent harm or damage to animals or places
cut down sth or cut sth down	pv	REMOVE	to make a tree or other plant fall to the ground by cutting it near the bottom
destruction	n		when something is destroyed
endangered	adj		endangered birds/plants/species are animals or plants which may soon not exist because there are very few now alive
feather	n		one of the soft, light things that grow from and cover a bird's skin
from time to time	p		sometimes, but not often
fur	n	HAIR	the thick hair that covers the bodies of some animals like cats and rabbits
global warming	n		when the air around the world becomes warmer because of pollution
in time	p	SUITABLE POINT	early enough
live up to	pv		to be as good as someone hopes
look forward to sth/doing sth	pv		to feel happy and excited about something that is going to happen
one at a time	p		separately
parrot	n		a tropical bird with a curved beak and colourful feathers that can be taught to copy what people say
pass the time	p		to spend time doing something
paw	n		the foot of certain animals, such as cats and dogs
polar bear	n		a large, white bear that lives in the North Pole (=most northern part of the Earth)
pollute	v		to make water, air, soil, etc. dirty or harmful

souvenir	n		something which you buy or keep to remember a special event or holiday
species	n		a group of plants or animals which share similar characteristics
suffer	v	EXPERIENCE	to experience something bad
support	v	PAY	to look after someone by paying for their food, clothes, etc.
tail	n	ANIMAL	the long, narrow part that sticks out at the back of an animal's body
times	pr		multiplied by
wild	n		in the wild' means in a natural environment
wing	n	CREATURE	one of the two parts that a bird or insect uses to fly
absolutely	adv		completely
anxious	adj	WORRIED	worried and nervous
astonished	adj		very surprised
blow	v	WIND	If the wind blows, it moves and makes currents of air.
calm down	pv		to stop feeling upset, angry, or excited, or to make someone stop feeling this way
come down	pv	FALL	to fall and land on the ground
content	adj		happy or satisfied
delighted	adj		very pleased
draw up	pv		If a vehicle draws up, it arrives somewhere and stops.
end up	pv		to finally be in a particular place or situation
extremely	adv		very, or much more than usual
frightened	adj		afraid or nervous
furious	adj	ANGRY	extremely angry
grab	v	TAKE SUDDENLY	to take hold of something or someone suddenly
irritated	adj		annoyed
petrified	adj		extremely frightened
pour	v	RAIN	to rain, producing a lot of water
pull away	pv	START MOVING	If a vehicle pulls away, it starts moving.
pull up	pv		If a vehicle pulls up, it stops, often for a short time.
relieved	adj		feeling happy because something unpleasant did not happen or you are not worried about something any more
satisfied	adj		pleased because you have got what you wanted, or because something has happened in the way that you wanted
scared/worried stiff	adv		very frightened or worried

shake	v	MOVE	If you are shaking, your body makes quick short movements, or you feel as if it is doing so, because you are frightened or nervous
shoot	v	FIRE BULLET	to fire a bullet from a gun
steady	adj	STILL	still and not shaking
tense	adj	FEELING	nervous, worried, and not able to relax
terrified	adj		very frightened
totally	adv		completely
uneasy	adj		worried because you think something bad might happen
appearance	n	IN PUBLIC	an occasion when someone appears in public
argument	n	REASON	a reason or reasons why you support or oppose an idea, action, etc.
breakdown	n	NOT WORKING	when a vehicle or machine stops working for a period of time
broadcast	v		to send out a programme on television or radio
case	n	SITUATION	a particular situation or example of something
celebrity	n		a famous person
contest	n		a competition or election
delicate	adj	EASY TO DAMAGE	easy to damage or break
fame	n		when you are known by many people because of your achievements, skills, etc.
fluent	adj	ABILITY	able to use a language naturally without stopping or making mistakes
gossip	n	CONVERSATION	conversation or reports about other people's private lives that might or might not be true
headline	n		a line of words printed in large letters as the title of a story in a newspaper, or the main points of the news that are broadcast on television or radio
inspiration	n		an example which people admire
keep (sb/sh) away	pv		to not go somewhere or near something, or to prevent someone from going somewhere or near something
keep down sth or keep sth down	pv	NO INCREASE	to stop the number, level, or size of something from increasing
keep sb in	pv		to make a child stay inside as a punishment, or to make someone stay in hospital
keep on (ding sth)	pv		to continue to do something, or to do something again and again
keep to st	pv	NOT CHANGE PLANS	to do what you have promised or planned to do
keep up (wth sb/sth)	pv	SAME SPEED	to move at the same speed as someone or something that is moving forward so that you stay level with them
keep up (wth sb/sth)	pv	UNDERSTAND	to be able to understand or deal with something that is happening or changing very fast
living	n		the money that you earn from your job

look up to sb	pv		to respect and admire someone
lottery	n		a way of making money by selling numbered tickets to people who then have a chance of winning a prize if their number is chosen
the press	p		newspapers and magazines, or the people who write them
privacy	n		when you are alone and people cannot see or hear what you are doing
the pros and cons	p		the advantages and disadvantages of something
regional	adj		relating to a region (=particular area in a country)
scandal	n		something that shocks people because they think it is morally wrong
sensation	n	EXCITEMENT	a lot of excitement, surprise, or interest, or the person or event that causes these feelings
talent	n		a natural ability to do something
understandable	adj		An understandable feeling or action is one that you would expect in that particular situation.
can't stand sb/sth	pv		(informal) to hate someone or something
cheer	v		to shout loudly in order to show your approval or to encourage someone
course	n	SPORT	an area used for horse races or playing golf
course	n	LESSONS	a series of lessons about a particular subject
court	n	SPORT	an area for playing particular sports
do business (with sb)	p		to be involved in the activity of buying and selling goods and services, or a particular company that does this, or work you do to earn money
do damage	p		to cause harm or injury
do sb a favour	p	HELP	to do something to help someone
do sth for a living	p		to earn money by doing a job
do without (sb/sth)	pv		to manage without having someone or something
extreme sport	n		a sport that is very dangerous and exciting
fall apart	pv	HAVE PROBLEMS	to start having problems that you cannot deal with
fall for sb	pv		to suddenly have strong, romantic feelings about someone
fall out (with sb)	pv		to argue with someone and stop being friendly with them
fall through	pv		If a plan or agreement falls through, it fails to happen.
field	n	SPORT	an area of grass where you can play a sport
fitness	n	HEALTHY	the condition of being physically strong and healthy
gym	n	BUILDING	a building with equipment for doing exercises
gymnastics	n		a sport in which you do physical exercises on the floor and on different pieces of equipment, often in competitions

ice skate	v		to move across ice using ice skates
lap	n	RACE	one journey around a circular race track
net	n	OBJECT	something made with a piece of net, for example for catching fish or insects, or for sports
penalty	n	SPORTS ADVANTAGE	in sports, an advantage given to a team when the opposing team has broken a rule
pitch	n	SPORT	an area of ground where a sport is played
referee	n		someone who makes sure that players follow the rules during a sports game
take a risk	p	BAD POSSIBILITY	to do something although something bad might happen because of it
row	v		to move a boat or move someone in a boat through the water using oars (=poles with flat ends)
scary	adj		frightening
ski	v		to move over snow wearing skis
spectator	n		someone who watches an event, sport, etc.
squash	n		a game played between two or four people on a special closed playing area that involves hitting a small rubber ball against a wall
team	n	SPORT	a group of people who play a sport or game together against another group of players
track	n	RACE	a path, often circular, used for races
affect	v	INFLUENCE	to have an influence on someone or something, or to cause them to change
be accustomed to sth/doing sth	pv		If you are accustomed to something, you have experienced it often enough for it to seem normal to you.
be friends with	pv		to know and like someone
confident	adj	ABILITY	certain about your ability to do things well
critical	adj	NOT PLEASED	saying that someone or something is bad or wrong
disapprove	v		to think that someone or something is bad or wrong
get on (with sb)	pv		(UK) If two or more people get on, they like each other and are friendly to each other.
housework	n		the work that you do to keep your house clean
keep/break a promise	p	SAY CERTAINLY	to do/not do what you said that you would do
keep a secret	p		to not tell anyone a secret that you know
keep sb awake	p		to prevent someone from sleeping
kid	n	CHILD	a child or young person
make a fortune	p		to make a lot of money
make friends (with sb)	p		to begin to know and like someone
mood	n	FEELING	the way someone feels at a particular time
neighbourhood	n		an area of a town or city that people live in

proud	adj	PLEASED	feeling very pleased about something you have done, something you own, or someone you know
selfish	adj		caring only about yourself and not other people
sensible	adj	JUDGMENT	showing good judgment
share	v	AT SAME TIME	to have or use something at the same time as someone else
storey	n		a level of a building
struggle	v	TRY	to try very hard to do something difficult
taste good/bad/sweet	v	FOOD/DRINK	to have a particular flavour
admit	v	SOMETHING BAD	to agree that you did something bad, or that something bad is true
advertise	v	TRY TO SELL	to tell people about a product or service, for example in newspapers or on television, in order to persuade them to buy it
brand	n	PRODUCT	a product that is made by a particular company
budget	n	AMOUNT	the amount of money you have for something
character	n	STORY	a person in a book, film, etc.
commercial	n		an advertisement on the radio or television
deadline	n		a time by which something must be done
doubt	v	FEEL UNCERTAIN	to feel uncertain about something or think that something is not probable
dramatic	adj	EXCITING	full of action and excitement
element	n	PART	a part of something
ending	n	END	the last part of a story or film
huge	adj		extremely large
location	n		a place or position
message	n	IDEA	the most important idea of a film, book, etc.
narrow	adj	NOT WIDE	Narrow things measure a small distance from one side to the other.
personality	n	FAMOUS	a famous person
powerful	adj	EFFECT	having a strong effect on people
production	n	ORGANIZING FILM/PLAY	when someone controls how a film, play, programme, or musical recording is made
reckon	v	THINK	to think that something is probably true
setting	n	PLACE	the place where something is or where something happens, often in a book, play, or film
shallow	adj	NOT DEEP	not deep
stress	v	EMPHASIZE	to emphasize something in order to show that it is important
view	n	OPINION	your opinion
what's more	p		used to add something surprising or interesting to what you have just said

access	n	OPPORTUNITY	when you have the right or opportunity to use or see something
achievement	n	GOOD THING	something good that you achieve
at first	p		at the beginning of a situation or period of time
at last	p		finally
at least	p		as much as, or more than, a number or amount
at once	p		immediately
at peace	p		not fighting, not at war
at present	p		now
at rest	p	STOP	not doing anything active, not moving
at the same time	p		despite this
at war	p		when there is fighting between two or more countries, or two or more groups inside a country
commercial	adj	BUY/SELL	relating to buying and selling things
concept	n		an idea or principle
decade	n		a period of ten years
expedition	n		an organized journey, especially a long one for a particular purpose
illegal	adj		not allowed by law
immoral	adj		morally wrong
impatient	adj	EASILY ANNOYED	easily annoyed by someone's mistakes or because you have to wait
inappropriate	adj		unsuitable for a particular situation or person
inexperienced	adj		without much experience or knowledge of something
irregular	adj	TIME	Irregular actions or events happen with a different amount of time between each one.
irresponsible	adj		not thinking about the possible bad results of what you are doing
need	n		something that is necessary to have or do
proposal	n	PLAN	a suggestion for a plan
prove	v		to show that something is true
rocket	n	VEHICLE	a tube-shaped vehicle for travelling in space
scientific	adj		relating to science, or using the organized methods of science
significant	adj		important or noticeable
solution	n	ANSWER	the answer to a problem
space	n	OUTSIDE EARTH	the area outside the Earth
sponsor	v		to give money to someone to support an activity, event, or organization, sometimes as a way to advertise your company or product

technology	n		knowledge, equipment, and methods that are used in science and industry
willingness	adj		to be willing (to do sth) is to be happy to do something, if you need to
aggressive	adj	ANGRY	behaving in an angry and violent way towards another person
blush	v		If you blush, your face becomes red, especially because you are embarrassed.
bossy	adj		always telling other people what to do
characteristic	n		a typical or obvious quality that makes one person or thing different from others
cheerful	adj	PERSON	happy
competitive	adj	PERSON	wanting to win or to be more successful than other people
demanding	adj		needing a lot of your time, attention, or effort
discourage	v	LESS CONFIDENT	to make someone less confident or enthusiastic about something
identical	adj		exactly the same
identity	n	PERSON	who someone is
impatient	adj	EASILY ANNOYED	easily annoyed by someone's mistakes or because you have to wait
jealous	adj	LOVE	upset and angry because someone you love seems too interested in another person
lazy	adj	WORK	Someone who is lazy does not like working or using any effort.
loyal	adj		always liking and supporting someone or something, sometimes when other people do not
only child	n		someone who has no brothers or sisters
optimistic	adj		always believing that good things will happen
resemble	v		to look like or be like someone or something
similarity	n		when two things or people are similar, or a way in which they are similar
stubborn	adj		determined not to change your ideas, plans, etc., although other people want you to
take account of	p		to consider something when judging a situation
take after sb	pv		to be similar to an older member of your family
take charge	p		to take control of or make yourself responsible for something
take for granted	p		to not show that you are grateful for someone or something, and forget that you are lucky to have them
take off	pv	SUCCESSFUL	to suddenly become successful
take out sth or take sth out	pv		to remove something from somewhere
take sb/sth seriously	p		to believe that someone or something is important and that you should pay attention to them
take turns	p		If two or more people take turns, one person does something, then another person does something, etc.

twin	n		one of two children who are born to the same mother at the same time
unpopular	adj		disliked by most people
unreliable	adj		not able to be trusted or depended on
witty	adj		using words in a funny and clever way
appliance	n		a piece of electrical equipment with a particular purpose in the home
attic	n		a room at the top of a house under the roof
cart	n	SHOP	(US) a metal structure on wheels that is used for carrying things
come to a conclusion	p		to have an opinion after considering all the information about something
come to a decision	p		make a choice about something after thinking about several possibilities
crockery	n		plates, cups, and other dishes, especially those made from clay
crunchy	adj		Crunchy food is hard and makes a noise when you eat it.
cutlery	n		knives, forks, and spoons
devise	v		to design or invent something such as a system, plan, or piece of equipment
duplicate	v	DO THE SAME	to do something that has already been done, in exactly the same way
fall asleep	p		to start sleeping
fall ill	p		to become unwell
fall in love	p		to be very attracted to someone and begin to love them
fed up	adj		(informal) annoyed or bored by something that you have experienced for too long
fulfil	p	MAKE HAPPEN	to do something that is expected, hoped for or promised or to cause it to happen
groceries	n (pl)		goods bought to be used in the home such as food and cleaning products
infection	n		a disease in a part of your body that is caused by bacteria or a virus
inventor	n		someone who designs and makes new things
research	v		to study a subject in detail in order to discover new information about it
ritual	n		an activity or a set of actions that are always done in the same way or at the same time, sometimes as part of a religion
soggy	adj		very wet and soft
stale	adj	OLD	old and not fresh
stick	v	JOIN	to become joined to something else or to make something become joined to something else, usually with a substance like glue
substance	n	MATERIAL	a solid, liquid, or gas
suspicion	n		a feeling or belief that someone has done something wrong
talk sb into (doing) sth	pv		to persuade someone to do something
tell sb/sth apart	pv		to be able to see the difference between two very similar things or people

tell a lie	p		to say something/things that are not true
tell a story	p	DESCRIPTION	to entertain people with a description of a series of real or imaginary events
transform	v		to change something completely, usually to improve it
accuse	v		to say that someone has done something bad
affect	v	CAUSE CHANGE	to influence someone or something, or cause them to change
ambition	n	HOPE	something you want to achieve in your life
apologise (UK) / apologize	v		to tell someone that you are sorry about something you have done
claim	v	SAY	to say that something is true, although you have not proved it
deny	v	NOT TRUE	to say that something is not true, especially something that you are accused of
educate	v	TEACH	to teach someone at a school or college
educated	adj		Someone who is educated has learned a lot at school or university and has a good level of knowledge.
educational	adj		providing education or relating to education
face up to	pv		to accept that a difficult situation exists
feel	v	OPINION	to think something or have an opinion
insist	v	SAY	to say firmly that something is true, especially when other people do not believe you
mention	v		to briefly speak or write about something or someone
opportunity	n	CHANCE	a situation in which it is possible for you to do something, or a possibility of doing something
performance	n	SUCCESS	how successful someone or something is
position	n	JOB	a job
progress	n	DEVELOPMENT	development and improvement of skills, knowledge, etc.
promise	v	SAY	to say that you will certainly do something or that something will certainly happen
qualification	n		an official record showing that you have finished a training course or have the necessary skills, etc.
refuse	v		to say that you will not do or accept something
relevant	adj		related or useful to what is happening or being talked about
standard	n	QUALITY	a level of quality, especially a level that is acceptable
urge	v		to strongly advise an action
warn	v	ADVISE	to advise someone not to do something that could cause danger or trouble
wish	v	WANT	to want a situation that is different from the one that exists
adventurous	adj	NEW THINGS	willing to try new and often difficult things

above all	p		more than anything
all along	p		from the beginning of a period of time
all in all	p		considering everything
all of a sudden	p		unexpectedly
at all	p		in any way
career	n	JOB	a job that you do for a long period of your life and that gives you the chance to move to a higher position and earn more money
commitment	n	LOYALTY	when you are willing to give your time and energy to something that you believe in
concerned	adj	WORRIED	worried
dishonest	adj		not honest and likely to lie or do something illegal
disorganised	adj	EVENT	not planned or organised well
dissatisfied	adj		not pleased or happy with something
employer	n		a person or company that pays people to work for them
enthusiasm	n		when you feel very interested in something and would very much like to be involved in it
enthusiastic	adj		showing enthusiasm
flexible	adj	ABLE TO CHANGE	able to change or be changed easily according to the situation
inexperienced	adj		without much experience or knowledge of something
irresponsible	adj		not thinking about the possible bad results of what you are doing
redundant	adj	NOT WORKING	not working because your employer has told you there is not enough work
responsibility	n		something that it is your job or duty to deal with
responsible	adj	JOB	showing good judgment and able to be trusted
routine	n	REGULAR ACTIVITY	the things you regularly do and how and when you do them
secure	adj	SAFE	safe from danger
self-confident	adj		feeling sure about yourself and your abilities
support	n	HELP	help or encouragement
uncertain	adj	SITUATION	not known, or not completely certain
unemployment benefit	n		money that the government gives to people who don't have a job and are looking for a job
unsuccessful	adj		not achieving what was wanted or intended
accessible	adj		easy to find or reach
bar	n	DRINKING	a place where alcoholic drinks are sold and drunk, or the area behind the person serving the drinks
canal	n		an artificial river built for boats to travel along or to take water where it is needed
clap	n		a sudden loud noise made by thunder

consist of sth	pv		to be formed or made from two or more things
dam	n		a strong wall built across a river to stop the water and make a lake
economical	adj		not using a lot of money, fuel, etc.
environment	n		the air, water and land in or on which people, animals and plants live
environmentally friendly	adj		not harmful to the environment
flash	n	BRIGHT LIGHT	a sudden bright light
flood	n	WATER	when a lot of water covers an area that is usually dry, especially when a river becomes too full
fossil fuel	n		fuels such as gas, coal and oil, which were formed underground from plant and animal remains millions of years ago
household	n		a family or group of people who live together in a house
lake	n		a large area of water which has land all around it
lightning	n		a sudden flash of light in the sky during a storm
litter	n	WASTE	pieces of paper and other waste that are left in public places
pane	n		a flat piece of glass in a window or door
pond	n		a small area of water, especially one that has been made artificially in a park or garden
rapids	n (pl)		a part of a river where the water moves very fast
recycle	v		to put used paper, glass, plastic, etc. through a process so that it can be used again
reservoir	n		an artificial lake where water is stored before it goes to people's houses
river	n		a long, natural area of water that flows across the land and into a sea, lake, or another river
route	n	ROADS	the roads or paths you follow to get from one place to another place
rubbish	n	WASTE	things that you throw away because you do not want them
second-hand	adj		If something is second-hand, someone else owned or used it before you.
slice	n		a flat piece of food that has been cut from a larger piece
storm	n		very bad weather with a lot of rain, snow, wind, etc.
stream	n		a small river
tackle	v	DEAL WITH	to try to deal with a problem
traffic	n	CARS ETC	the cars, trucks, etc using a road
vegetation	n		plants and trees
waterfall	n		a stream of water that flows from a high place, often to a pool below
appealing	adj		attractive or interesting
appetite	n		the feeling that makes you want to eat

bitter	adj	TASTE	having a strong, sharp, usually unpleasant taste
canned	adj		Canned food is sold in metal containers.
consume	v	EAT OR DRINK	(formal) to eat or drink something
consumer	n	EAT OR DRINK	someone who eats or drinks something
dairy	adj		relating to milk or products made using milk
finding	n		(usually plural) a piece of information that has been discovered as a result of an official study
fizzy	adj		A fizzy drink has lots of bubbles of gas in it.
flat	adj	WITHOUT GAS	If a drink is flat, it does not contain enough bubbles of gas.
flavour	n	TASTE	the taste of a particular type of food or drink
grill	v	COOK	to cook food using direct heat
influence	v		to affect or change how someone or something develops, behaves, or thinks
juicy	adj	FOOD	full of juice
melt	v	BECOME LIQUID	If something melts, it changes from a solid into a liquid because of heat and if you melt something, you heat it until it becomes liquid.
mild	adj	WEAK	not having a strong effect
packaging	n		the paper, box, etc. that something is inside so that it can be sold or sent somewhere
reject	v	NOT ACCEPT	to refuse to accept or agree with something
rich	adj	FOOD	Rich food has a lot of butter, cream, or eggs in it.
ripe	adj		developed enough and ready to be eaten
rotten	adj	DECAYING	Rotten vegetable or animal substances are decaying.
sense	n	NATURAL ABILITY	one of the five natural abilities of sight, hearing, touch, smell, and taste
amount	n		how much there is of something
challenge	n	DIFFICULT	something that is difficult and that tests someone's ability or determination
collector	n	HOBBY	someone who collects objects because they are interesting or beautiful
collection	n	OBJECTS	a group of objects of the same type that have been collected by one person or in one place
condition	n	STATE	the state that something or someone is in
delightful	adj		very pleasant, attractive, or enjoyable
elegant	adj		stylish or attractive in appearance or behaviour
exceptional	adj	GOOD	extremely good
the former	p		the first of two people or things that have just been talked about
the latter	n		the second of two people or things that have just been talked about

look after sb/sth	pv		to take care of or be in charge of someone or something
look at sth	pv	EXAMINE	If someone, usually an expert, looks at something, they examine it.
look for sth/sb	pv		to try to find someone or something
look into sth	pv		to examine the facts about a problem or situation
the look of	p		the appearance of someone or something
Look out!	p		something you say when someone is in danger
massive	adj		very big
memory	n	ABILITY	your ability to remember
obsession	n		someone or something that you think about all the time
passion (for sth)	n		an extreme interest in or wish for doing something, such as a hobby, activity, etc.
remarkable	adj		very unusual or noticeable in a way that you admire
scale	n	SIZE	the size or level of something
substantial	adj	AMOUNT	large in amount
technique	n		a particular or special way of doing something
vast	adj		extremely big
alternative	n		one of two or more things that you can choose between
biography	n		the story of a person's life written by another person
calm sb/sth down	pv		to stop feeling upset, angry, or excited, or to make someone stop someone feeling this way
come across sth	pv		to find something by chance
come out	pv	BECOME AVAILABLE	If a book, record, film, etc. comes out, it becomes available for people to buy or see.
come up with sth	pv		to suggest or think of an idea or plan
cope	v		to deal quite successfully with a difficult situation
documentary	n		a film or television programme that gives facts about a real situation or real people
doubtful	adj	NOT CERTAIN	not feeling certain about something
effective	adj	ACHIEVING RESULT	successful or achieving the result that you want
extract	n	WRITING	a particular part of a book, poem, etc. that is chosen so that it can be used in a discussion, article, etc.
form	n	TYPE	a type of something or way of doing something
go ahead	pv	START	to start to do something
go by	pv	TIME	If time goes by, it passes.
go off sb/sth	pv		to stop liking or being interested in someone or something
go through	pv		to experience a difficult or unpleasant situation

go up	pv	INCREASE	to become higher in level
irritated	adj		annoyed
nod	v		to move your head up and down as a way of agreeing, to give someone a sign, or to point to something
relieved	adj		any more
science fiction	n		stories about life in the future or in other parts of the universe
strength	n	STRONG	when someone or something is strong
technological	adj		relating to, or involving, technology
threat	n	DAMAGE	someone or something that is likely to cause harm or damage
thriller	n		a book or film with an exciting story, often about crime
visual	adj		relating to seeing
ankle	n		the part of your leg that is just above your foot
bandage	n		a long piece of soft cloth that you tie around an injured part of the body
break	v	NOT WORK	If you break a machine, object, etc, or if it breaks, it stops working because it is damaged.
break	n		where something has separated in an accident
break down	pv		If a machine or vehicle breaks down, it stops working
bug	n	ILLNESS	a bacteria or virus, or the illness that it causes
burn	v	DAMAGE	to (cause something to) be hurt, damaged or destroyed by fire or extreme heat
chest	n	BODY	the front of your body between your neck and your waist
cough medicine	n		a type of sweet liquid medicine
Elastoplast™	n		a common type of plaster (= a small piece of sticky material to cover and protect a cut in the skin)
elbow	n		the part in the middle of your arm where it bends
exercise	n	PHYSICAL ACTIVITY	physical activity that you do to make your body strong and healthy
exercise	v	BODY	to do physical activities to make your body strong and healthy
eyebrow	n		the thin line of hair that is above each eye
faint	v		to suddenly become unconscious for a short time, usually falling down onto the floor
graze	v	INJURE	to injure your skin by rubbing it against something rough
hurt	v	BE PAINFUL	If a part of your body hurts, it is painful.
jaw	n		either of the two bones in your mouth that contain your teeth
knee	n	LEG	the middle part of your leg where it bends

needle	n	MEDICAL	the thin, sharp, metal part of a piece of medical equipment used to take blood out of the body, or to put medicine or drugs in
on average	p		usually, or based on an average
on balance	p		used to give your opinion after you have considered all the facts about something
on behalf of	p		representing; instead of
on condition that	p		only if
on duty	p		If a doctor, police officer, etc. is on duty, they are working, and if they are off duty, they are not working.
on offer	p		at a cheaper price than usual
on purpose	p		intentionally
plaster	n	FOR CUTS	a small piece of sticky material that you put on cuts on your body
scar	n	BODY	a permanent mark left on the body from a cut or other injury
spot	n	SKIN	an unpleasant, small, red mark on your skin
sprain	v		to injure part of your body by twisting it, but not so badly that it breaks
sting	v	CAUSE PAIN	If an insect, plant, etc. stings you, it causes pain by putting poison into your skin.
stitch	n		(usually plural) a length of special thread used to join the edges of a deep cut in the flesh
surgery	n	TREATMENT	when a doctor cuts your body open and repairs or removes something
sweat	n		the salty colourless liquid that comes through your skin when you are hot, nervous or ill
symptom	n	ILLNESS	a physical feeling or problem which shows that you have a particular illness
thigh	n		the top part of your leg above your knee
waist	n	BODY	the part around the middle of your body where you wear a belt
ward	n		a room in a hospital where people receiving treatment stay, often for the same type of illness
wrist	n		the part of your body between your hand and your arm
accuse	v		to say that someone has done something bad
arrest	v		If the police arrest someone, they take them away to ask them about a crime which they might have committed.
burglar	n		someone who gets into buildings illegally and steals things
cell	n	ROOM	a small room in a prison or police station where a prisoner is kept
charge	v	ACCUSE	If the police charge someone, they accuse them officially of a crime.
commit a crime	p	CRIME	to do something that is considered wrong, or that is illegal
court	n	LAW	the place where a judge decides whether someone is guilty of a crime
criminal	n		someone who has committed a crime

detective	n		someone, especially a police officer, whose job is to discover information about a crime
DNA	n		deoxyribonucleic acid; a chemical in the cells of living things which contains genetic information
evidence	n	LAW	information that is given or objects that are shown in a court of law to help to prove if someone has committed a crime
fine	v		to make someone pay an amount of money as a punishment for breaking a law or rule
fine	n		an amount of money that you must pay for breaking a law or rule
fingerprint	n		the mark made on something by the pattern of curved lines on the end of someone's finger
forensic	adj		relating to scientific methods of solving crimes
guilty	adj	LAW	having broken a law
illegal	adj		not allowed by law
innocent	adj	NOT GUILTY	not guilty of committing a crime
jury	n	LAW	a group of people in a court of law who decide if someone is guilty or not
kidnap	v		to take someone away using force, usually to obtain money in exchange for releasing them
offence	n	CRIME	a crime
penalty	n	PUNISHMENT	a punishment for doing something which is against a law or rule
pickpocket	n		someone who steals things from people's pockets
proof	n		a fact or a piece of information that shows something exists or is true
punishment	n		when someone is punished
robbery	n		the crime of stealing from someone or somewhere
sentence	v		to give a punishment to someone who has committed a crime
shoplift	v		to take goods illegally from a shop without paying for them
steal	v		to secretly take something that does not belong to you, without intending to return it
suspect	n		someone who may have committed a crime
suspicious	adj	WRONG/BAD	making you feel that something is wrong or that something bad or illegal is happening
take sb to court	p		to take legal action against someone
thief	n		someone who steals things
trace	v		to find someone or something that is lost
trial	n	LAW	a legal process to decide if someone is guilty of a crime
absence	n	NOT EXIST	when something does not exist
architecture	n	STYLE	the design and style of buildings
collection	n	TAKING AWAY	when something is taken away from a place
community	n	AREA	the people living in a particular area

consumer	n		someone who buys or uses goods or services
cut	n		an electricity/power cut is when the supply of electricity suddenly stops
environmental	adj		relating to the environment
lack	n		when something is not available or when there is not enough of it
level	n	AMOUNT	the amount or number of something
lifestyle	n		the way that you live
lighting	n		the light created by electrical equipment, candles, etc.
maintenanc	n	WORK	the work that is done to keep something in good condition
mall	n		a large, covered shopping area
neighbourhood	n		an area of a town or city that people live in
pollution	n		damage caused to water, air, etc. by harmful substances or waste
property	n	BUILDING	a building or area of land
regulation	n	RULE	an official rule that controls how something is done
renew	v	MAKE NEW	to increase the life of or replace something old
renewal	n		when you renew something
requirement	n		something that is needed or demanded
resident	n	PERSON	someone who lives in a particular place
shortage	n		when there is not enough of something
suburb	n		an area where people live outside the centre of a city
suburban	adj		relating to a suburb
system	n	METHOD	a way or method of doing things
traffic jam	n		a line of cars, trucks, etc. that are moving slowly or not moving at all
urban	adj		belonging or relating to a town or city
audience	n	GROUP	the people who sit and watch a performance at a theatre, cinema, etc.
choir	n		a group of people who sing together
composer	n		someone who writes music
composition	n	MUSIC	a piece of music that someone has written
conductor	n	MUSIC	someone who stands in front of a group of musicians or singers and controls their performance
festival	n	PERFORMANCE	a series of special events, performances, etc. that often takes place over several days
gig	n		a performance of pop or rock music
impression	n	EFFECT	the way that something seems, looks or feels to a particular person
memorable	adj		If an occasion is memorable, you will remember it for a long time because it is so good.

musician	n		someone who plays a musical instrument, often as a job
orchestra	n	MUSIC	a large group of musicians who play different instruments together
orchestral	adj		of or belonging to an orchestra
organiser (UK)/organizer	n		someone who plans an event or activity
participate	v		to be involved with other people in an activity
partnership	n	WORKING TOGETHER	when two people or organizations work together to achieve something
perform	v	ENTERTAIN	to entertain people by acting, singing, dancing, etc.
performer	n		a person who entertains people by acting, singing, dancing or playing music
rehearsal	n		a time when all the people involved in a play, dance, etc. practise in order to prepare for a performance
solo	n		a piece of music for one person or one instrument
specialise (UK)/specialize	v		to spend most of your time studying one particular subject or doing one type of business
venue	n		a place where a sports game, musical performance, or special event happens
unique	adj	SPECIAL	unusual and special
ash	n	POWDER	the soft grey or black powder that is left after a substance, especially tobacco, coal or wood, has burnt
break off (sth) or break (sth) off	pv		to end (something) suddenly
call off sth or call sth off	pv		to decide that a planned event, especially a sports event, will not happen, or to end an activity because it is no longer useful or possible
crack	n	LINE	a line on the surface of something that is damaged
cut sb/sth off or cut off sb/sth	pv		to cause a person or place to become separate, or cause someone to be or feel alone
damage	v		to harm or break something
damp	adj		slightly wet, usually in an unpleasant way
drought	n		a long period when there is no rain and people do not have enough water
earthquake	n		a sudden movement of the Earth's surface, often causing severe damage
eruption	n		when a volcano explodes and flames and rocks come out of it
gas	n	SUBSTANCE	a substance in a form like air and not solid or liquid
humid	adj		Humid air or weather is hot and slightly wet.

hurricane	n		a violent storm with very strong winds
injure	v		to hurt a person, animal, or part of your body
invaluable	adj		extremely useful
let off sb or let sb off	pv		to not punish someone who has committed a crime or done something wrong, or to not punish them severely
log off	pv		to stop a computer being connected to a computer system, usually when you want to stop working
peak	n	MOUNTAIN TOP	the top of a mountain, or the mountain itself
planet	n		a large, round object in space that moves around the sun or another star
preserve	v	KEEP THE SAME	to keep something the same or prevent it from being damaged or destroyed
priceless	adj	IMPORTANT	very important or useful
send off sth or send sth off	pv		to send a letter, document or parcel by post
sensitive	adj	EASILY UPSET	easily upset by the things people say or do
shake	v	MOVE	to make quick, short movements from side to side or up and down, or to make something or someone do this
tell off sb or tell sb off	pv		to speak angrily to someone because they have done something wrong
thunder	n		the loud noise in the sky that you hear during a storm
tremble	v		to shake slightly, especially because you are nervous, frightened, or cold
undo	v	OPEN	to open something that is tied or fastened
unfasten	v		to open something that is closed or fixed together
untie	v		to open a knot or something that has been tied with a knot
unwrap	v		to remove the paper, cloth, etc. that is covering something
volcano	n		a mountain with a large hole at the top which sometimes explodes and produces hot, melted rock and smoke
weather forecast	n		a description of what the weather will be like
wear off	pv		If a feeling or the effect of something wears off, it gradually disappears.
apology	n		something you say or write to say that you are sorry about something you have done
apparently	adv	OTHERS SAY	used to say that you have read or been told something although you are not certain it is true
cashpoint	n		a machine, usually in a wall outside a bank, that you can get money from using a plastic card
catch up on sth	pv		to do something that you did not have time to do earlier
comedian	n		someone who entertains people by telling jokes
comedy	n		entertainment such as a film, play, etc which is funny

complaint	n	NOT SATISFACTORY	when someone says that something is wrong or not satisfactory
disguise	n		clothes and other things that you wear to change the way you look so that people cannot recognize you
disguise	v		to give a new appearance to a person or thing, especially in order to hide its true form
earnings	n		money that you get from working
estimate	v		to guess the cost, size, value, etc. of something
get sth over with	pv		to do or finish an unpleasant but necessary piece of work or duty so that you do not have to worry about it in the future
hang around (with sb)	pv		to spend time (with someone)
humour	n	ABILITY	the ability to laugh and recognize that something is funny
ignore	v		to pay no attention to something or someone
have a bad/ good influence on	p	PERSON/THING	to have the power to have an effect on people or things
key in sth or key sth in	pv		to put information into a computer or a machine using a keyboard
keep up sth or keep sth up	pv		to not allow something that is at a high level to fall to a lower level
landlord/ landlady	n		a man/woman who you rent a room or house from
look up sth or lok sth up	pv		to try to find a piece of information by looking in a book or on a computer
make for	pv		to move towards a place
make sth/sb out	pv		to see, hear or understand something or someone with difficulty
make up for sth	pv		to reduce the bad effect of something, or make something bad become something good
pick up sth or pick sth up	pv		to learn a new skill or language by practising it rather than being taught it
put off sb or put sb off	pv		to make someone dislike something or someone, or to discourage someone from doing something
put out sth or put sth out	pv	STOP BURNING	to make something that is burning, such as a fire or cigarette, stop burning
put up a fight	pv		to show or express a particular type of opposition to something
put up with sb/sth	pv		to accept unpleasant behaviour or an unpleasant situation, although you do not like it
rule	n	INSTRUCTION	an official instruction about what you must or must not do
star	v		If you star in a film, play, etc., you are the main person in it.
start out	pv		to begin your life or the part of your life when you work, in a particular way

take off sth or take sth off	pv	NOT WORK	to spend time away from your work
treatment	n	MEDICAL	something which you do to try to cure an illness or injury, especially something suggested or done by a doctor
weird	adj		very strange
work on sth	pv		to spend time repairing or improving something
work out sth or work sth out	pv	PROBLEM	to understand something or to find the answer to something by thinking about it